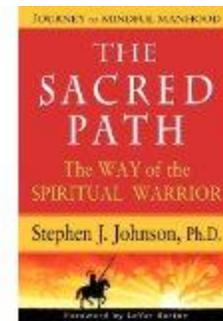


**Endorsements for the pocket self-help “Suicide Prevention Guide Booklet”, by
Matthew D. Dovel, president of International Suicide Prevention (ISP)
A 501(c)(3) public charity nonprofit**

Endorsement – Stephen J. Johnson, Ph.D.

Men are 4 times more likely than women to take their own lives, 5 times more likely after age 65 and 10 times more likely after a divorce. Suicide is the leading cause of death among males age 14-25 and 22 Veterans a day end their lives. The facts are alarming but there is help. The Suicide Prevention Guide Booklet is compact and to the point, offering insights and useful information including simple techniques and strategies that can make a difference when it counts the most. Matthew Dovel has answered the call to address one of the biggest challenges facing our society today.

Stephen J. Johnson, Ph.D., MFT, FAPA - Psychotherapist and Executive Director, The Men’s Center Los Angeles. Author: *The Sacred Path: The Way of the Spiritual Warrior* (Journey to Mindful Manhood). Available at: www.SacredPathPress.com
Amazon.com



Stephen J. Johnson, Ph.D., earned all three of his advanced degrees and was awarded a Fellowship in Rehabilitation Psychology from the University of Southern California. He has been a licensed psychotherapist, consultant, and educator for over 40 years and has a full-time practice with offices in Beverly Hills and Woodland Hills. He holds two counseling credentials and a National Certification in Rehabilitation (CRC5869) as well as a state license in Marriage and Family Therapy (MFC5867) granted in 1972. Additionally, he has clinical membership in several professional organizations and is a Fellow in the American Psychotherapy Association. He is one of the founding directors of the *Center for Holistic Psychology* in Beverly Hills, with which he has been associated since 1974. He has lectured in a number of venues and has been an instructor at the University of Southern California and Ryokan College in West Los Angeles as well as having facilitated events for men at California State University in Northridge.



Dr. Johnson has written and has been interviewed for several published articles on a variety of topics, including men’s concerns, gender dynamics and support of our youth. His new book about men, *The Sacred Path: The Way of the Spiritual Warrior*, byline *Journey to Mindful Manhood* is slated for release by October 2012. A frequent guest on radio and television, Dr.

Johnson has appeared on all major networks. He is the founder and director of the *Men's Center of Los Angeles*, formed in 1989, and has conducted workshops and retreats for men and women for over 30 years. His semi-annual *Sacred Path Retreat* for men is celebrated in October for 25 years of service to the men's community while the *Call to Adventure Retreat*, a rites of passage program for young males, is in its twelfth season.

Dr. Johnson was a co-founder and director of *The Los Angeles Men's Leadership Guild* as well as a convener on the *North American Confederation of Men's Councils*. In addition to his work with couples and families, he is widely recognized for his expertise in working with men and adolescent boys. He facilitates several weekly men's therapeutic support groups as well as periodic workshops and large group events through his own company, *Sacred Path Productions, Inc.* He stands at the forefront of the developing field of male psychology and gender dynamics.

Dr. Johnson is a gifted facilitator and a master guide for the experiential journey that unfolds during his retreats and workshops. Using his skills as a psychotherapist and the sensibility of a wisdom teacher, he creates a context that allows a freedom of expression, an access to one's pain, and a doorway to transformation. He acts as a gatekeeper to personal expansion, guide for the spiritual journey and mentor to the opening heart.

"I enjoy working with adults and adolescent age children in my practice, individually and in couple, family and group sessions. My philosophical foundation is Humanistic Existentialism and my therapeutic orientation is eclectically balanced between a Mindfulness-based cognitive behavioral and psychodynamic approach. My sessions tend to be quite interactive and my focus is on the family system. My wife and I have been together for 35 years and have three young adult children. I appreciate the tough lessons that families face these days, including the strains imposed through parenting issues, elder care, financial demands and diminished time, to name a few. The many years that I have devoted to my career as well as to my own family have provided me with a compassionate understanding of the challenges that most people are confronted with in today's fast-paced, ever-changing world. I enthusiastically bring this knowledge to my work with my clients."

In addition to his in-office sessions, Dr. Johnson has clients throughout the world and conducts consultation and psychotherapy sessions via the phone and Skype as appropriate. He accepts most major credit cards for payment of services rendered.

Sincerely,

Stephen J. Johnson, Ph.D.
DrJ@DrStephenJohnson.com
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310-276-9598

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Endorsement – Dr. Andrea E. Salvi

“Against suicide, living overseas”

I accept with enthusiasm !!!

I have gone through your booklet, “Suicide Prevention Guide Booklet”, that is very interesting, and what is more, SIMPLE (it is very important to get a message in the simplest possible way), so it will work as a high-impact source of know-how to face possible suicidal.

I am an orthopedic surgeon and I am frequently involved in human sufferance.

I am an orthopedic surgeon working in the outskirts of Brescia, Italy

I am 40 years old.

I am a member of Rotary International, Dalmine Centenario Club (Rotary District 2040).

Rotary International (also known as the **Rotary Club**) is an international [service club](#) whose stated purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. It is a [secular](#) organization open to all persons regardless of race, colour, creed, religion, gender, or political preference. There are 34,282 clubs and over 1.2 million members worldwide.^[1] The members of Rotary Clubs are known as **Rotarians**. Members usually meet weekly for breakfast, lunch or dinner, which is a social event as well as an opportunity to organize work on their service goals.

Rotary's primary motto is "Service above Self"; an earlier motto, "One profits most who serves best"

My articles are available at: www.pubmed.com --> digit : Salvi AE

*I am a reviewer for many American and European journals,
(even for the U.S.A. Army Journal, namely the Military Medicine).*

Andrea E. Salvi – M.D.

Salvi AE[Author]

I can be reached at:

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Endorsement – John La Valle

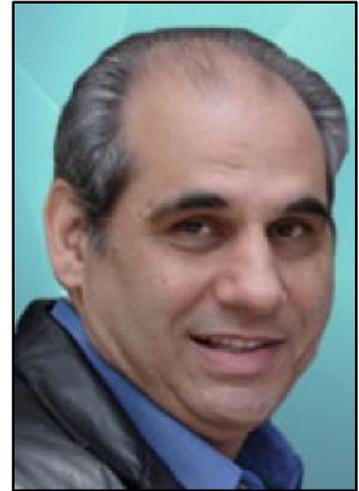
"This small and seemingly simple book is actually loaded with great techniques, advice, and information that is seriously needed. I commend Matthew on all the great work he has done and continues to do with all those who can use it." - **John La Valle** - co-author of [Persuasion Engineering®](#)

John La Valle - President of the Society of NLP

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One of the World's most respected corporate consultants and the co-author of 'Persuasion Engineering'® with Richard Bandler.

Neuro-linguistic programming (NLP) is an approach to communication, personal development, and psychotherapy created by [Richard Bandler](#) and [John Grinder](#) in California, USA in the 1970s. The title asserts a connection between the neurological processes ("neuro"), language ("linguistic"), and behavioral patterns learned through experience ("programming") that proponents speculate can be changed to achieve specific goals in life



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