

AFTER A SUICIDE

Who cleans a suicide scene

It is the property owner's responsibility to contact their insurance company and make a claim.

Whenever there is blood present there is a possibility that there is also a bio hazard. Bio hazardous companies are independent from City, State and Law Enforcement agencies. They are independently owned and operated. Get more than one quote.

Besides the EXTREME hazards associated with blood and other body fluids we STRONGLY advise against cleaning a suicide scene of someone that you knew personally. The emotional and physiological damage will last a lifetime.



HAPPINESS IS A CHOICE

Make a decision

Choosing to be happy, for most, is just a matter of changing what you are focusing on.

Take a ten minute walk outside.

Eat a piece of fruit everyday.

Share with a friend how you are feeling.

Get your rest. Sleep deprivation will lead to psychosis.

Have a direction in life; have a goal list written down that you can work on daily.

Know what you enjoy, and make a list of your happiest moments in life. When you are sad take out your list and read it.

You can use this information to help your friends focus as well.



SUICIDE BROCHURE

When a suicide happens who is responsible for having the suicide scene cleaned?

What do you do if you think someone is suicidal?



ISP (International Suicide Prevention)

Is a non profit 501(c)(3) public charity knows that those that are at the greatest of risk are those that have cleaned a suicide scene of a loved one. Please, help us help them.

702-743-4340

<http://www.SupportISP.org>

SUICIDE PREVENTION
*The warning signs &
What to do.*

Warning signs -

- Experiencing a long bout of depression.
- Has experienced one or more major losses.
- Experiencing insomnia or unshakable fatigue.
- Experiencing loss of appetite or overeating.
- Increasingly isolated.
- Giving away prized possessions.
- Doing poorly in school or at work.
- Abusing drugs or alcohol.
- Suddenly happy for no reason after a long depression.
- Making statements about wanting to die.

What to do -

- Listen with sincere concern.
- Avoid giving unsolicited advice.
- Ask them if they've been going through something like this before - how did they cope with it?
- Share a time when you felt similarly and assure your friend that things can and will change.
- Ask if she/he is feeling suicidal.
- Let your friend know that many people will think about suicide but never attempt it.
- Stay with him/her - do something together.
- If you have immediate concern for your friend's life, call law enforcement for emergency intervention.
- Give your friend the number for the suicide prevention hotline and make sure they call.

Toll-FREE 24/7
1-800-SUICIDE

NO MONEY/NO INSURANCE
What do you do with the scene?

Call ISP and ask for assistance.

**ISP will assist, in most cases,
in suicide scene cleanup,
temporary housing, and
counseling.**

We are here to help.



**Emergency Crisis Post-Suicide
Family Support**

**ISP is the only national
organization that assists families
with suicide scene cleanup.**

SUPPORTING THIS WORK
Pay it forward

Make a tax deductible donation in the name of a loved one.

Please mail to:
ISP (Intl. Suicide Prevention)
1736 E. Charleston Blvd., #301
Las Vegas, NV 89104

In Memory of:

Your name:

Address:

City/State/Zip Code:

**Also, all bequests, devises, transfers or gifts are tax deductible.
We accept any and all kinds of gifts.**

Please circle the amount of gift enclosed

\$10 \$25 \$50 \$75 \$100 \$200 \$500
other _____

Volunteer Suicide
Cleaning Kits
\$25.00 each

How will you help?

